# HEALTH. CARE. CONVENIENCE.



#### PATIENT PORTAL

Get faster access to your providers, schedule appointments or request refills all from our secure Patient Portal. Visit our website to learn more: **PhysiciansEast.com** 

#### ✓ PHARMACY EAST

Our Greenville office features a full-service, on-site pharmacy. Patients can have their prescriptions filled during their appointment and pick them up on the way out. We can also ship prescription medication to your door. To learn more, visit our website or call 252-413-6208.

#### HOSPITAL ADMISSIONS

Our physicians admit to Vidant Medical Center. If hospitalization is required, Physicians East has a mid-level hospitalist on staff to expedite your admission process and coordinate care with your Physicians East provider or specialist. If treatment at the Emergency Department is required, notify Vidant staff that you are a Physicians East patient and request to see a Physicians East provider.

#### ■ URGENT CARE

Our Urgent Care Center is open seven days a week, and our providers are trained to handle a diverse assortment of ailments. Patients are seen on a walk-in basis.

## PHYSICIANS SAST

#### **GREENVILLE**

252-413-6202

1850 W Arlington Blvd. Greenville, NC 27834 Mon. - Fri., 8am-5pm

#### **KINSTON**

252-523-0026

744 Airport Road Kinston, NC 28504 Mon. - Fri., 8am-5pm

#### **WINTERVILLE**

252-353-4111

4796 Old Tar Rd. Winterville, NC 28590 Mon. - Fri., 8am-5pm

#### **GRIFTON**

252-524-4463

416 McCrae St. Grifton, NC 28530 Mon. - Fri., 8am-5pm

#### **FARMVILLE**

252-753-7141

3681 N Main St., Ste. 114 Farmville, NC 27828 Mon. - Fri., 8am-5pm

#### **BEULAVILLE**

910-298-4688

152 Crossover Rd. Beulaville, NC 28518 Mon. - Fri., 8am-5pm

▲ PhysiciansEast.com

#### PRIMARY CARE





PRIMARY CARE





## **▲** WELCOME

Since 1965, Physicians East has been eastern North Carolina's premier multi-specialty practice. Over the years, we've expanded our specialties to better suit the needs of our communities—but the cornerstone of our practice is primary care. We believe that the best way to provide our unique brand of coordinated health care is to start at its foundation. That's why our internists and primary care physicians work with you and your team of providers to make sure your personal care plan is perfect for you.



## ▲ COMPREHENSIVE PRIMARY CARE

We are committed to providing comprehensive and coordinated health care, from preventive care throughout a patient's life to responsive acute care for a sudden illness or injury. Our internal medicine providers treat all adult medical problems, including heart disease, digestive issues, hypertension and minor trauma. In addition to treating all of those items, our family medicine physicians also take into consideration the role families play on a patient's overall health.

## ■ INTEGRATED PHYSICIAN NETWORK

From ongoing preventative care to acute care of illness and injury and everything in between, we've built our practice around the needs of our patients. We're a team of over 100 different providers working across 20 different specialties in 13 locations throughout the east to provide you with the integrated care you deserve.

## ▲ TREATMENT & CARE OF CHRONIC CONDITIONS

- Arthritis
- Cancer
- Diabetes Mellitus
- High Blood Pressure Osteoporosis
- Asthma
- COPD (Emphysema)
- Heart Failure

## ▲ PERSONALIZED PREVENTATIVE CARE

Successful coordinated care begins with a foundation of preventative medicine. Your provider will work with you to create an ongoing care plan that's personalized to your needs, and annual wellness exams provide a valuable opportunity to evaluate the effectiveness of your care and make any necessary adjustments.

## ▲ NCQA PATIENT-CENTERED MEDICAL HOME

The National Committee for Quality Assurance (NCQA) has honored Physicians East Primary Care practices in Beulaville, Farmville, Greenville, Kinston and Winterville with its NCQA Patient-Centered Medical Home (PCMH) recognition for using evidence-based, patient-centered processes that focus on highly coordinated care and long-term, participative relationships.

#### VACCINATIONS

- International Travel Inoculations
- Hepatitis A & B
- Influenza (Flu)
- Measles, Mumps, Rubella (MMR)
- Pneumococcal
- Tetanus, Diphtheria, Pertussis (Tdap)
- Varicella
- Zoster (Chickenpox)

## **■ DIAGNOSTIC & ROUTINE SCREENINGS**

Routine screenings for things like breast cancer, colon cancer and Hepatitis C are a vital part of preventative care. With a network of over 25 different specialty services, we can provide patients with easy access to all of the necessary screenings for prevention and lifesaving early detection.

#### DIAGNOSTIC SERVICES

- · Bone Density Testing
- Computer-aided Detection (CAD)
- CT Scans
- Echocardiogram & Electrocardiogram
- Endoscopy
- Mammograms & 3-D Mammograms
- MRI
- Nuclear Medicine
- On-site Pathology Testing
- Sleep Studies
- Treadmill Stress Test
- Ultrasound & 4D Ultrasound
- FKGs
- Pulmonary Function Testing
- X-Rays
- In-house Lab Testing