

# PLATELET RICH PLASMA (PRP)



**Multiple peer-reviewed studies back the benefits of PRP. Click the links below to learn more about the research that has been done.**

1. [Mishra A, Pavelko T. Treatment of chronic elbow tendinosis with buffered platelet-rich plasma.](#)
2. [Ongoing positive effect of platelet-rich plasma versus corticosteroid injection in lateral epicondylitis: a double-blind randomized controlled trial with 2-year follow-up.](#)
3. [Why PRP Should Be Your First Choice for Injection Therapy in Treating Osteoarthritis of the Knee.](#)
4. [MRI Changes After Platelet Rich Plasma Injection in Knee Osteoarthritis \(Randomized Clinical Trial\).](#)
5. [Effects of Antiplatelet and Nonsteroidal Anti-inflammatory Medications on Platelet-Rich Plasma: A Systematic Review](#)
6. [PRP Injections for the Treatment of Knee Osteoarthritis: A Meta-Analysis of Randomized Controlled Trials](#)
7. [Platelet-Rich Plasma: New Performance Understandings and Therapeutic Considerations in 2020.](#)
8. [Effectiveness of Platelet-Rich Plasma for Lateral Epicondylitis: A Systematic Review and Meta-analysis Based on Achievement of Minimal Clinically Important Difference.](#)
9. [Orthobiologic Interventions for Muscle Injuries.](#)
10. [Platelet-Rich Plasma Injection for Thumb Carpometacarpal Joint Osteoarthritis](#)



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