

Physicians East knows you and your health!

Telehealth (video visit) is a way for your doctor to continue managing your care from the comfort and safety of your home. Your provider will be able to hear and see you when you use your smartphone, a tablet or a computer during the visit!

Using telehealth, your doctor can address health concerns such as:

- Chronic conditions like high blood pressure, heart failure, lung or kidney disease, asthma, diabetes, reflux, arthritis
- New problems like bronchitis, flu, coronavirus (COVID-19), ear, sinus, eye, urinary tract infection
- Injuries, pains, and other problems like sprains, falls, kidney stones, abdominal pain, rashes
- Concerns about depression and anxiety
- Medication and other medical supply needs

Call us to find out!

Telehealth is as easy as 1-2-3

1. Say "YES" and agree to the Telehealth visit!
2. Click on the link your doctor sends and follow the directions!
3. Start your visit!

To have a good visit, please:

- Describe what concerns you have and what you need help with
- Have your medications and supplements available for your doctor to see and review
- Ask questions!
- If needed, be ready with your calendar to schedule your next visit

Questions?

Call 252-752-6201



Call us right away if you develop a cough or fever, feel bad in any way, or have any other concerns. We are here to help you.

If you develop any of these emergency warning signs for coronavirus (COVID-19), get medical attention right away:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or hard time waking up
- Bluish lips or face

Call 911 if you have a medical emergency: Notify the operator that you have, or think you might have, coronavirus (COVID-19).